

*New York City Center of
Self-Realization Fellowship*

217 EAST 28th STREET * NEW YORK NY 10016 * 212-689-3622

Newsletter

October 2010 – December 2010

Special Services

The following special services will be held by the New York City Center:

Saturday, October 21-24

Outreach Program

Saturday, December 18 10:00am-6pm

**All-Day Christmas
Meditation****

**Please bring a fruit as a symbol of devotion to God and Guru, and a donation may be offered as a symbol of loyalty to Self-Realization Fellowship. This meditation is open to SRF students and members and anyone drawn to the Self-Realization Fellowship line of Gurus.

Outreach Program

On October 21 through October 24, we invite you to join us for our Center Outreach Program. Our Center Outreach event is a special program on the teachings of Paramahansa Yogananda. It will be conducted by monastics from the Self-Realization Fellowship headquarters.

Come join us for a special weekend of spiritual renewal. The schedule is as follows:

October 21 – Thursday	Monastic-led Service	6:30 pm
October 22 – Friday	Guided Meditation with Kirtan	6:30 pm
October 23 – Saturday	Hong-Sau & Om Technique Review*	10-11:30 am
	Outreach Program**	1:30 pm
		-5:00 pm
October 24 – Sunday	Meditation Service	10:00 am
	Inspirational Service	11:00 am
	Hospitality Social	12 noon
	Satsanga	2:00 pm

*This class is open to SRF lesson students only

**This event is designed for those interested in learning more about the teachings of Paramahansa Yogananda. If you are already a lesson student please refrain from attending this event due to limited seating.

Events to be held at:

New York City Center of Self-Realization Fellowship
217 East 28th Street
New York, NY 10016

For further information, please call the New York City Center of Self-Realization Fellowship at (212) 889-2058, or call (347) 255-4111. You may also visit our web site at www.newyorkcitycenter.org.

Thanksgiving Food Drive

We will again be collecting food for distribution to needy members of our community this Thanksgiving season. A list of appropriate non-perishable food items will be posted at the information table in the lobby. All contributions may be brought to the Center and left in the designated area in the lower level from Thursday, November 4 until Sunday, December 5. Thinking of the needs of others in our greater human family is a good way to begin the holiday season.

4-hr Meditation	In preparation for the All-Day Christmas Meditation, there will be a four-hour meditation on Saturday, December 11 from 2:00-6:00pm.
All-Day Christmas Meditation	The Center's monastic led All-Day Christmas Meditation will take place on December 18 from 10:00am to 6:00pm. Please bring a fruit and a donation. No one will be permitted to enter the chapel once the meditation has begun, so please plan on arriving early. For further information on this meditation visit www.newyorkcitycenter.org .
Cancelled Services	<p>Due to the Thanksgiving Day Service, our regularly scheduled Thursday Inspirational service on November 25 is cancelled.</p> <p>Due to the All-Day Christmas meditation, our regularly scheduled Friday 3-hour meditation service on December 17 is cancelled.</p> <p>Due to the Christmas Eve Meditation, our regularly scheduled Friday 3-hour meditation service on December 24 is cancelled.</p> <p>Due to the New Year's Eve Meditation, our regularly scheduled Friday 3-hour meditation service on December 31 is cancelled.</p>
Gift Sales	The Gift Sale committee will have a Pre-Holiday Gift Sale in the 3 rd Floor Social Area after the service. This sale will feature many devotional items. The specific start date and time for this sale will be announced. All proceeds from the Pre-Holiday Gift Sale support the Center's Building Fund.
Sunday School	Sunday School classes at the NYC Center resumed on September 19. Registration materials are available outside of both the 2 nd and 3 rd floor Sunday School rooms. On December 26, Sunday School classes will be cancelled due to the holiday season. If you would like further information regarding Sunday School activities, please contact us at sundayschool@newyorkcitycenter.org .
Teen Group	<p>Teen Group classes at the NYC Center resume on October 3. Parents please have your teens arrive at 10:45 am in the 3rd Floor Social Area. Registration materials are available outside of both the 2nd and 3rd floor Sunday School rooms.</p> <p>On December 19, the Teen Group will host a Christmas Party for the Sunday School children in the 2nd Floor Sunday School room. This social will begin at 12noon and will feature a special visit from Santa Claus.</p> <p>On December 26, Sunday School classes will be cancelled due to the holiday season.</p> <p>The Teen Group is also in need of enthusiastic volunteers. If you are interested in serving Master through the Teen Group or wish to learn more about this committee, contact Michael at teengroup@newyorkcitycenter.org.</p>
Socials	<p>On October 24 there will be a social with monastics immediately following the service on the third floor. Join us on the final day of our Outreach program.</p> <p>On November 21 there will be a Thanksgiving themed social immediately following the service on the third floor.</p> <p>On December 19 there will be a Christmas Holiday social with monastics Immediately following the service on the third floor.</p>

- SRF Websites** If you have access to a computer and on-line services, visit Mother Center's SRF website at www.yogananda-srf.org and the NYC Center website at www.newyorkcitycenter.org.
- Audio Visual** On Saturday November 13 the Audio Visual committee will be having its annual workshop and welcome meeting for all new and continuing members. The workshop will run from 12pm-3pm. Light refreshments will be served. If you are interested in attending this workshop or joining the Audio Visual committee, please sign the AV volunteer list in the lobby. You can also send your volunteer inquiries to av@newyorkcitycenter.org.
- Booksales** Books, photos, tapes and other devotional items are on sale in our bookroom on Sundays from 12:00-12:30pm and on Thursdays from 8:30-9:00pm after the service.
- Communications** The Communications committee needs volunteers who have experience in the following areas: advertising and marketing or website-related tasks (requiring Dreamweaver 8 and HTML knowledge). If you are interested in volunteering in this capacity please email volunteer@newyorkcitycenter.org.
- Prayer Circle** If you have lost a family member or loved one or if there is someone you know who is in need of prayers, we encourage you to contact us at (212) 689-3622. The Prayer Circle committee is responsible for collecting "Prayer Requests," transcribing them onto a consolidated list, and then forwarding that list to the Prayer Council at the Mother Center in Los Angeles. This committee is also in need of a few self-motivated volunteers. If you are interested in joining the Prayer Circle committee please sign up on the Volunteer sheet in the lobby. You can also send and email to volunteer@newyorkcitycenter.org.
- Volunteers** Practice Karma Yoga by joining us on one of our service committees. Volunteers are especially needed on our Communications, Prayer Circle, and Teen Group committees. Your service is greatly appreciated in helping to maintain our Guru's home here in New York City. Our beloved Guru has said, "The deeper you meditate and the more willingly you serve, the happier you will be. To volunteer you can sign up on the sheet in the lobby, or call the Center at (212) 689-3622, or send an email at volunteer@newyorkcitycenter.org.
- Thank you** The New York City Center would like to thank you for your generosity in the form of prayers, pledges and donations for our building and your continued support on the repayment of our building loan to Mother Center.

D A T E S T O R E M E M B E R

OCTOBER

- 3 Sunday Teen Group Begins
- 21-24 Thurs-Sun NYC Center Outreach Program
- 22 Friday 3-hour meditation cancelled due to Center Outreach (6:30-9:30pm)
- 24 Sunday Meditation & Inspirational Service cancelled (10am-12noon)
- 24 Sunday Social with the Monastics (12 noon)

NOVEMBER

- 4 Sunday Thanksgiving Food Drive begins
- 13 Saturday Audio Visual Committee Annual Workshop (12noon-3pm)
- 21 Sunday Thanksgiving Social (12noon)
- 25 Thursday Thanksgiving Service (10am-12noon)
- 25 Thursday Thursday Inspirational service cancelled (6:30pm-8:00pm)

DECEMBER

- 5 Sunday Thanksgiving Food Drive ends
- 11 Saturday 4-hour meditation (2:00-6:00pm)
- 17 Friday 3-hour meditation cancelled (6:30-9:30pm)
- 18 Saturday Monastic-led All-Day Christmas Meditation (10:00am-6:00pm)
- 19 Sunday Monastic-led Sunday Service (10:00am-12noon)
- 19 Sunday Holiday Social (12 noon)
- 19 Sunday Sunday School Christmas Party hosted by the Teen Group (12 noon)
- 24 Friday 3-hour meditation cancelled (6:30-9:30pm)
- 24 Friday Christmas Eve meditation 8:00pm-10:00 pm
- 26 Sunday Sunday School & Teen Group classes are cancelled
- 31 Friday 3-hour meditation cancelled (6:30-9:30pm)
- 31 Friday New Year's Eve meditation (11:00pm-12:15am)
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